



MINNESOTA DEPARTMENT OF PUBLIC SAFETY  
DRIVER AND VEHICLE SERVICES  
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## Self-Certification Form Information Sheet for Commercial Drivers

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**New Federal Motor Carrier Safety Regulations went into effect for commercial driver's license (CDL) holders on January 30, 2012.**

Minnesota Statutes and Federal Motor Carrier Safety Regulations require CDL holders to complete a self-certification.

*Reference: Minnesota Statutes, sections 171.162, 221.031, and 221.0314, and 49 CFR 383.71 and 383.73*

**Starting on January 30, 2012, you will need to complete a self-certification form (PS33203) when:**

- You apply for a CDL (A, B or C class)
- You renew your CDL
- You apply for a higher class of CDL
- You apply for a new endorsement on a CDL
- You hold a valid CDL and your existing medical examiner's certificate and/or waiver will soon expire or has expired

**On the self-certification form you will need to certify that you operate in one of the following categories.**

**Category 1** – Non-exempt Interstate, subject to 49 CFR part 391 (must also provide a current medical examiner's certificate and any waivers indicated on the certificate)

**Category 2** – Exempt Interstate, exempt from medical examination requirements of 49 CFR part 391

**Category 3** – Non-exempt Intrastate, subject to state medical examination requirements of Minnesota Statutes, chapter 221 (must provide current medical examiner's certificate and any waivers indicated on the certificate)

**Category 4** – Exempt Intrastate, exempt from state medical examination requirements listed in Minnesota Statutes, chapter 221

## Medical Documents

If you certify that you are subject to medical examination requirements you must provide a current medical examiner's certificate and any applicable waivers indicated on the certificate.

If your medical examiner's certificate is only valid with a vision, diabetes or a skills performance evaluation waiver granted by the Federal Motor Carrier Safety Administration (FMCSA), or if you are an intrastate driver with a MnDOT waiver or hold a DVS School Bus Waiver, you must also provide a copy of the waiver.

## Attention School Bus Drivers

In Minnesota, all CDL holders with a school bus endorsement MUST submit a current medical examiner's certificate.

## Military Personnel

If your Minnesota CDL was valid at the time you entered the military, you are not required to do anything further until you are discharged. We recommend that you notify us of your military status.

Send a written statement and a copy of your military ID card with your service entry date or a letter from your commanding officer verifying your service entry date and active duty status to: Driver and Vehicle Services, 445 Minnesota Street, St. Paul, MN 55101.

## How to Obtain a Medical Examiner's Certificate

To obtain a medical examiner's certificate, a medical examiner must examine you.

The Federal Motor Carrier Safety Administration defines "medical examiner" as a person who is licensed, certified, and/or registered in accordance with applicable state laws and regulations, to perform physical examinations. The term includes, but is not limited to, doctors of medicine and osteopathy, advanced practice nurses, physician assistants and chiropractors. In some cases, your employer or prospective employer will make the arrangements.

The medical examiner that examines you must complete a medical examination report and certify that you meet the federal qualifications included in Section 391.41(b) Title 49 CFR (Federal Motor Carrier Regulations). The medical examiner will also complete, sign and give to you the medical examiner's certificate, noting any restrictions, including the need for a waiver.

A medical examiner's certificate can be valid for up to two years; the person who examined you will determine the certificate's expiration date.

## Keeping Things Up to Date

To prevent the loss of your commercial driving privilege and possible action by law enforcement agents, you must keep your information up-to-date. If your medical or operating status changes, or if your medical documents expire, you must complete and submit a new self-certification form (PS33203). If required, you must submit a copy of your current medical examiner's certificate and/or waiver with the self-certification form.

- By fax: (651) 297-4447
- By mail: Driver and Vehicle Services, 445 Minnesota Street, Suite 180, St. Paul, MN 55101-5180
- In person: at any driver exam station or driver's license application office. For office locations and hours visit: [dvs.dps.mn.gov](http://dvs.dps.mn.gov) or call (651) 297-2005.

## Interstate or Intrastate?

To help you determine if you operate a commercial motor vehicle in interstate or intrastate, check all that apply.

- I transport cargo from one state to another state.
- I transport cargo from the United States to a foreign country (for example, to Canada or Mexico).
- I transport cargo from one point in a state to another in the same state, but during the trip, I cross into another state or foreign country.

*Example:* A driver delivers cargo from the Twin Cities to Angle Inlet in Northern Minnesota. To do so, the driver must travel through Canada to reach Angle Inlet.

- I transport cargo within a single state, but the cargo began its trip or will end its trip in another state or foreign country.

*Example 1:* A driver transports cargo that was flown into the Twin Cities from Florida. The driver will deliver the cargo to a business in Bemidji. Even though the driver never leaves Minnesota, the cargo began its journey in Florida. This is interstate commerce.

*Example 2:* A driver picks up cargo in Roseville and delivers it to Duluth where it will be placed on a ship for delivery to Holland Harbor, Michigan. Although the driver is only operating in Minnesota, the cargo will end its journey in another state. This is interstate commerce.

If you **checked** any of the boxes above, you are engaged in **interstate commerce**.

If you **did not** check any of the boxes and you only operate a commercial vehicle in one state, then you are probably engaged in **intrastate commerce**.

Please remember, only you can determine what category on the self-certification form applies to you.

## Exempt or Nonexempt?

To help determine if you are exempt or nonexempt, check all that apply.

- I operate a commercial motor vehicle (CMV) as a federal, state or local government employee
- I operate a CMV to transport human corpses or sick or injured persons
- I operate a fire truck or rescue vehicle while involved in emergency and related operations
- I operate a CMV primarily to transport propane winter heating fuel when responding to an emergency condition requiring immediate response such as damage to a propane gas system after a storm or flooding
- I operate a CMV in response to a pipeline emergency such as a leak or rupture
- I operate a CMV for custom harvesting on a farm or to transport farm machinery and supplies used in the custom harvesting operation to and from a farm or within 150 miles of the farm (This does not apply to the transport of hazardous materials requiring a placard or to combination vehicles.)
- I am a beekeeper and operate a CMV for the seasonal transportation of bees
- I operate a CMV as a private motor carrier of passengers for non-business purposes
- I operate a CMV to transport migrant workers

If you **checked** any of the boxes above, you are exempt and do not need a medical examiner's certificate. If you operate in both exempt and non-exempt interstate commerce, you must select non-exempt interstate commerce to be qualified to operate in both types of interstate commerce.

## Federal Exemption Waivers for CDL Holders Engaged in Interstate Commerce

If you don't meet certain physical or medical standards included in Section 391.41(b) Title 49 CFR (Code of Federal Regulations), you may be able to continue driving interstate if you qualify for a federal exemption or waiver.

Federal exemptions or waivers can be granted for the following:

- Loss of limb or limb impairment (exemption) - see Section 391.41(b)(1) or (2) of Title 49 CFR
- Diabetes (waiver) - see Section 391.41(b)(3) of Title 49 CFR
- Vision problems (exemption) - see Section 391.41(b)(10) of Title 49 CFR

To obtain a federal exemption or waiver, you must contact the Federal Motor Carrier Safety Administration (FMCSA) which will advise how to proceed.

- Diabetes and Vision waivers:  
<http://www.fmcsa.dot.gov/rules-regulations/topics/medical/exemptions.htm>
- Skill Performance Evaluation:  
<http://www.fmcsa.dot.gov/rules-regulations/topics/medical/spepackage.htm>
- FMCSA Phone: 1 (800) 832-5660  
FMCSA Midwestern Service Center (708) 283-3577

## MnDOT Waiver for CDL Holders Engaged in Intrastate Commerce

If you operate intrastate, you may be eligible for a waiver from the Minnesota Department of Transportation (MnDOT), but this restricts your driving to intrastate commerce.

For information about MnDOT waivers, contact the MnDOT Driver Medical Program: (651) 366-3674